

## AMERICAN HEALTHCARE REIT, INC.

# Reported by OH STEFAN K.L.

#### FORM 4

(Statement of Changes in Beneficial Ownership)

### Filed 04/05/23 for the Period Ending 04/03/23

Address 18191 VON KARMAN AVENUE

SUITE 300

IRVINE, CA, 92612

Telephone 949-270-9200

CIK 0001632970

Symbol AHRT

Fiscal Year 12/31





☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *												5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
L.			An l	ner	ican H	ealthca	re RE	EIT,	, Inc.	NONE	Ξ	_ Director		10%	Owner	
(First	) (Mic	ldle)	3. Г	3. Date of Earliest Transaction (MM/DD/YYYY)							_ , , ,					
						4/3	3/2023									
(Stre	et)		4. I	fAn	nendmen	t, Date O	riginal	File	d (MM/D	D/YYYY)	6. Iı	ndividual o	or Joint/G	oup Filing	Check Appl	icable Line)
92612															erson	
ity) (Sta			□ that	Cheo t is in	ck this bo	ox to indi o satisfy	icate tha	at a t irma	transacti tive def	ense conc	dition	ns of Rule	10b5-1(c).			en plan
			ns. Date	Date 2A. Deemed 3.		. Trans. Co	rans. Code 4. or (II		rities Acquosed of (D, 4 and 5)	nired (A) 5. Fig. (I	5. Amount of Securit		ties Beneficially Owned		Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Tab	le II - Deri	ivative Seco	urities l	Bene	eficially (	Owned (	!		/		optio	ns, conver	tible secu	rities)	,	
Conversion or Exercise Price of Derivative		4. Trans. Code (Instr. 8)							Securities U Derivative	Underl Securi	ying		derivative Securities Beneficially Owned	Derivative Security:	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Security			Code	V	(A)	(D)	Date Exercisal			Title	N	umber of		Reported	or Indirect	
(1)	4/3/2023		A		9554		(2)		(2)			9554.0	\$0	9554	D	
	CAN HE 18191 V 000 (Stre  92612  tty) (Sta  Tab  2. Conversion or Exercise Price of Derivative Security	CAN HEALTHC 18191 VON KAR 100 (Street)  92612  Ity) (State) (Zip  Table II - Derivative Security  Date	CAN HEALTHCARE 18191 VON KARMAN 00  (Street)  92612  Ity) (State) (Zip)  Table I - N  2. Tra  2. Tra  Conversion or Exercise Price of Derivative Security  Security  A. Date Execution Date, if any	L.  (First) (Middle)  3. I  CAN HEALTHCARE  18191 VON KARMAN  (00)  (Street)  92612  (ty) (State) (Zip)  Rui  tha  Table I - Non-Der  2. Trans. Date  Table II - Derivative Securities  Conversion or Exercise Price of Derivative Security  Security  Ar  1  Code  (Instr. 8)	L.  (First) (Middle) 3. Date  CAN HEALTHCARE 18191 VON KARMAN  (00)  (Street) 4. If An  92612  (ty) (State) (Zip) Rule 10  Che that is in  Table I - Non-Derivative  2. Trans. Date 2A. If Exect Date,  Conversion or Exercise Price of Derivative Security  3. Trans.  Date 2A. If Exect Date,  Code (Instr. 8)	American Holl  (First) (Middle) 3. Date of Earlie  CAN HEALTHCARE 18191 VON KARMAN  (00)  (Street) 4. If Amendment  92612  (ty) (State) (Zip) Rule 10b5-1(c) To Check this both that is intended to that is intended to that is intended to Check this both that is intended to the conversion of Exercise Price of Date, if any  Table II - Derivative Securities Beneficially (Code Unstream)  2. Conversion of Exercise Price of Date, if any Code Unstream (Instr. 8)  Code V (A)	American Healthcan  (First) (Middle)  3. Date of Earliest Transa  CAN HEALTHCARE 18191 VON KARMAN  (O0  (Street)  4. If Amendment, Date O  Page 12  Table I - Non-Derivative Securities Act  2. Trans. Date Execution Date, if any  Table II - Derivative Securities Beneficially Owned (  Conversion or Exercise Price of Derivative Security  Security  American Healthcan  1.  Alighter Fransa  4/3  Alighter Fransa  2. Trans. Date Execution Date, if any  American Healthcan  3. Date of Earliest Transa  4/3  Alighter Fransa  Check this box to indicate is intended to satisfy  Table II - Non-Derivative Securities Beneficially Owned (  Code  Table II - Derivative Securities Beneficially Owned (  Code  Code  Code  Code  Code  V (A) (D)	American Healthcare RF  (First) (Middle)  3. Date of Earliest Transaction (Middle)  4. If Amendment, Date Original  Page 12  (Street)  4. If Amendment, Date Original  Check this box to indicate that that is intended to satisfy the affirm that is intend	American Healthcare REIT.  (First) (Middle)  3. Date of Earliest Transaction (MM/E  (CAN HEALTHCARE 18191 VON KARMAN  (O)  (Street)  4. If Amendment, Date Original Filed  (Check this box to indicate that a that is intended to satisfy the affirma  Table I - Non-Derivative Securities Acquired, Dis  2. Trans. Date Execution Date, if any  Table II - Derivative Securities Beneficially Owned (e.g., puts, conversion of Exercise)  (Instr. 8)  (American Healthcare REIT.  (A/3/2023  4. If Amendment, Date Original Filed  (Check this box to indicate that a that is intended to satisfy the affirma  Table II - Non-Derivative Securities Acquired, Dis  (Instr. 8)  (Code V Amount  (Instr. 8)  (Instr. 8)  (A Security  (Instr. 8)  (Instr. 8)  (A Date Exercise Price of Derivative Securities And Expiration Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  (Code V (A) (D)  (D)  (D)  (D)  (D)  (D)  (D)  (D)	American Healthcare REIT, Inc.	American Healthcare REIT, Inc. [ NONI ]  American Healthcare REIT, Inc. [ NONI ]  3. Date of Earliest Transaction (MM/DD/YYYY)  CAN HEALTHCARE 18191 VON KARMAN (00	American Healthcare REIT, Inc. [ NONE   X   X   X   X   X   X   X   X   X	American Healthcare REIT, Inc. [ NONE   Director    (Check all app	American Healthcare REIT, Inc. [ NONE   Check all applicable)    Check all applicable   Check all applicable	American Healthcare REIT, Inc. [ NONE   Director   10%   2. Officer (give title below)   0. Officer (give title below   0. Officer (give title below)   0. Officer (give title below   0. Officer (giv	American Healthcare REIT, Inc. [ NONE   Director   10% Owner   10%

#### **Explanation of Responses:**

- (1) Each restricted stock unit represents a contingent right to receive one share of the Issuer's Class T common stock.
- (2) On April 3, 2023, the Issuer awarded the Reporting Person 9,554 time-based restricted stock units ("RSUs"). The RSUs will vest in three equal installments on April 3, 2024, 2025 and 2026 (subject to continuous employment through each vesting date).

#### **Reporting Owners**

	1								
Panarting Owner Name / Address	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Oh Stefan K.L.									
C/O AMERICAN HEALTHCARE REIT, INC.			EVP, Chief Investment Officer						
18191 VON KARMAN AVE., STE. 300		Ev1, Chief investment Of							
IRVINE, CA 92612									

#### **Signatures**

/s/ STEFAN K.L. OH 4/5/2023

\*\*Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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