

AMERICAN HEALTHCARE REIT, INC.

Reported by
HANSON JEFFREY T

FORM 5

(Annual Statement of Changes in Beneficial Ownership)

Filed 02/10/23 for the Period Ending 12/31/22

Address	18191 VON KARMAN AVENUE SUITE 300 IRVINE, CA, 92612
Telephone	949-270-9200
CIK	0001632970
Symbol	AHRT
Fiscal Year	12/31

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

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continue. See Instruction 1(b).
 Form 3 Holdings Reported
 Form 4 Transactions
Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
Hanson Jeffrey T			American Healthcare REIT, Inc.			<input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner		
(Last) (First) (Middle)			3. Statement for Issuer's Fiscal Year Ended (MM/DD/YYYY)			<input type="checkbox"/> Officer (give title below) <input checked="" type="checkbox"/> Other (specify below)		
C/O AMERICAN HEALTHCARE REIT, INC., 18191 VON KARMAN AVE., STE. 300			12/31/2022			Non-Executive Chairman		
(Street)			4. If Amendment, Date Original Filed(MM/DD/YYYY)			6. Individual or Joint/Group Filing(Check Applicable Line)		
IRVINE, CA 92612						<input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person		
(City) (State) (Zip)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Class I Common Stock							12655 ⁽¹⁾	D	
Class I Common Stock							43965 ⁽¹⁾	I	By Hanson Family Trust DTD 06/14/2005 ⁽²⁾
Class I Common Stock							5189	I	By April L. Hanson IRA ⁽³⁾
Class I Common Stock							2516	I	By 401(k) Plan ⁽⁴⁾
Class I Common Stock							16720	I	By Defined Benefit Pension Plan ⁽⁵⁾
Class I Common Stock							991	I	NCT-107, LLC ⁽⁶⁾
Class T Common Stock							17833	D	
Class T Common Stock							5052	I	By Hanson Family Trust DTD 06/14/2005 ⁽²⁾
Class T Common Stock							365	I	By April L. Hanson IRA ⁽³⁾
Class T Common Stock							729	I	By Crescentridge Inc 401K Plan ⁽⁷⁾
Class T Common Stock							4870	I	By JTH Holdings LLC DBPP ⁽⁸⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (MM/DD/YYYY)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

- (1) On December 28, 2022, Jeffrey T. Hanson transferred 147 shares of Class I Common Stock to Hanson Family Trust DTD 6/14/2005, a trust in which Mr. Hanson serves as trustee.
- (2) The reported shares of common stock are held directly by Hanson Family Trust, DTD 6/14/2005, and indirectly by Jeffrey T. Hanson and April L. Hanson, Trustees.
- (3) The reported shares of common stock are owned by April L. Hanson through her investment retirement account. April L. Hanson is the wife of the reporting person.
- (4) The reported shares of common stock are owned by Mr. Hanson through his 401(k) plan.
- (5) The reported shares of common stock are held directly in a defined benefit pension plan, of which Mr. Hanson serves as Trustee.
- (6) The reported shares of common stock are owned directly by NCT-107, LLC, a charitable foundation of which Mr. Hanson is the manager. The reporting person disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for the purposes of Section 16 or for any other purpose.
- (7) The reported shares of common stock are owned by Mr. Hanson through his 401(k) plan for which Mr. Hanson and April L. Hanson serve as Trustees.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Hanson Jeffrey T C/O AMERICAN HEALTHCARE REIT, INC. 18191 VON KARMAN AVE., STE. 300 IRVINE, CA 92612	X			Non-Executive Chairman

Signatures

/s/ JEFFREY T. HANSON

2/10/2023

Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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